



Nederlandse Academie
Voor Orthopedische
Geneeskunde (Cyriax)

NAOG
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Post graduate education Orthopaedic Medicine

March 15th

- 9.00 – 11.00 descriptive anatomy lumbar spine
- 11.00 – 11.30 break
- 11.30 – 13.00 anatomy in vivo lumbar spine ; coupled moving patterns
- 13.00 – 13.30 break
- 13.30 – 15.00 clinical examination lumbar spine: part 1
- 15.00 – 15.30 break
- 15.30 – 17.00 clinical examination lumbar spine: part 2

March 16th

- 9.00 – 11.00 facet joint: part 1 pathology and clinical reasoning
- 11.00 – 11.30 break
- 11.30 – 13.00 facet joint : part 2 conservative treatment (mobilization, manipulation, injection)
- 13.00 – 13.30 break
- 13.30 – 15.00 modern exercise therapy in low back pain
- 15.00 – 15.30 break
- 15.30 – 17.00 lumbar stenosis; m. Baastrup; spondylolisthesis; hypersostosis vertebralis (DISH)

March 17th

- 9.00 – 11.00 anatomy of the intervertebral disc; pain from the disc
- 11.00 – 11.30 break
- 11.30 – 13.00 radicular pain
- 13.00 – 13.30 break
- 13.30 – 15.00 disc manipulation: part 1
- 15.00 – 15.30 break
- 15.30 – 17.00 disc manipulation part 2

ABN-AMRO Eerbeek IBAN NL57ABNA0553708805 t.n.v. NAOG

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